



# Community Connection

New Horizons at Marlborough, LLC  
Serving Metrowest Seniors Since 1994  
*A Turning Point in Senior Living!*

January 2024



**UGLY SWEATER DAY:** In honor of Ugly Sweater Day, on December 15, residents wore their favorite tacky holiday apparel to the weekly Friday wine and cheese event. Pictured above, left to right: residents **Bud Vittum**, **Barbara Guimond**, and **Cynthia Aaron** show off their novelty sweaters.



**CALL OF THE WILD:** Animal Adventures of Bolton brought a variety of exotic animals to visit with Memory Care residents. Pictured, from left to right: residents **Cecilia Karol**, **Jane Davidson**, and **Rita Sixsmith**. Owners **Ed and Brenda Laquidara** founded Animal Adventures to provide a home for unwanted exotic animals while educating the public about them through appearances and events in the community.



**HIGH TEA FOR THE HOLIDAYS:** Tea and scones at the French Village café provided residents a break from the holiday whirlwind. Pictured above, left to right: residents **Maureen Morrissey**, **Vivian Akillian**, and **Joan Nancoz** enjoy some tasty treats provided by the New Horizons baker.



**TAX INFORMATION:** Massachusetts allows a personal income tax deduction for rent. Residents receiving assisted living services may also qualify for medical deductions. To learn more, please visit [Mass.gov](http://Mass.gov) and [IRS.gov](http://IRS.gov).

New Horizons does not calculate the proportion of monthly service fees (meals, housekeeping, activities, etc.) in relation to rent, and recommends that residents discuss tax matters with their accountants or lawyers to determine the appropriate deductions. Please note that New Horizons does not provide a summary of payments. All residents are advised to refer to their mailed monthly statements for this information.

## Upcoming Events

*Tune in to channel 918 for the latest information*

- January 2 Live Ballroom Dance Performance
- January 4 Jazz Music with **Jack Coleman**
- January 8 New weekly class — Meditation  
Lecture: Poetry with **Father Fitzpatrick**
- January 10 Out to lunch at Olive Garden\* $\$$
- January 13 JJ Long Art Lessons\* $\$$
- January 14 Karaoke with **Judy Capone**
- January 17 Trip to The Icon Museum\* $\$$
- January 18 Craft Activity: Jewelry Making
- January 22 Lecture: Music of the Civil Rights  
Movement with **John Clark**
- January 25 Musical Performance with Portrait in Jazz
- January 28 Music with **Joey B-Bop**
- January 30 Classic Country Music with **Cameron Sutphin**

\*sign up with Debbie ext. 5227  
\$ Additional fee



**100 YEARS YOUNG:** Congratulations to New Horizons resident **Emily DeRidder**! During lunch with her family in the New Horizons dining room, the mayor of Marlborough dropped by to congratulate Emily and present her with a special citation in recognition of reaching the age of 100. Pictured above: Executive Director **Betsy Connolly**, **Emily**, and Mayor **Arthur Vigeant**.

To view this newsletter in color or download a printable copy, visit [www.countrycommunities.com](http://www.countrycommunities.com).

**New Horizons ~ 400 Hemenway Street, Marlborough, MA 01752 ~ 508-460-5200**